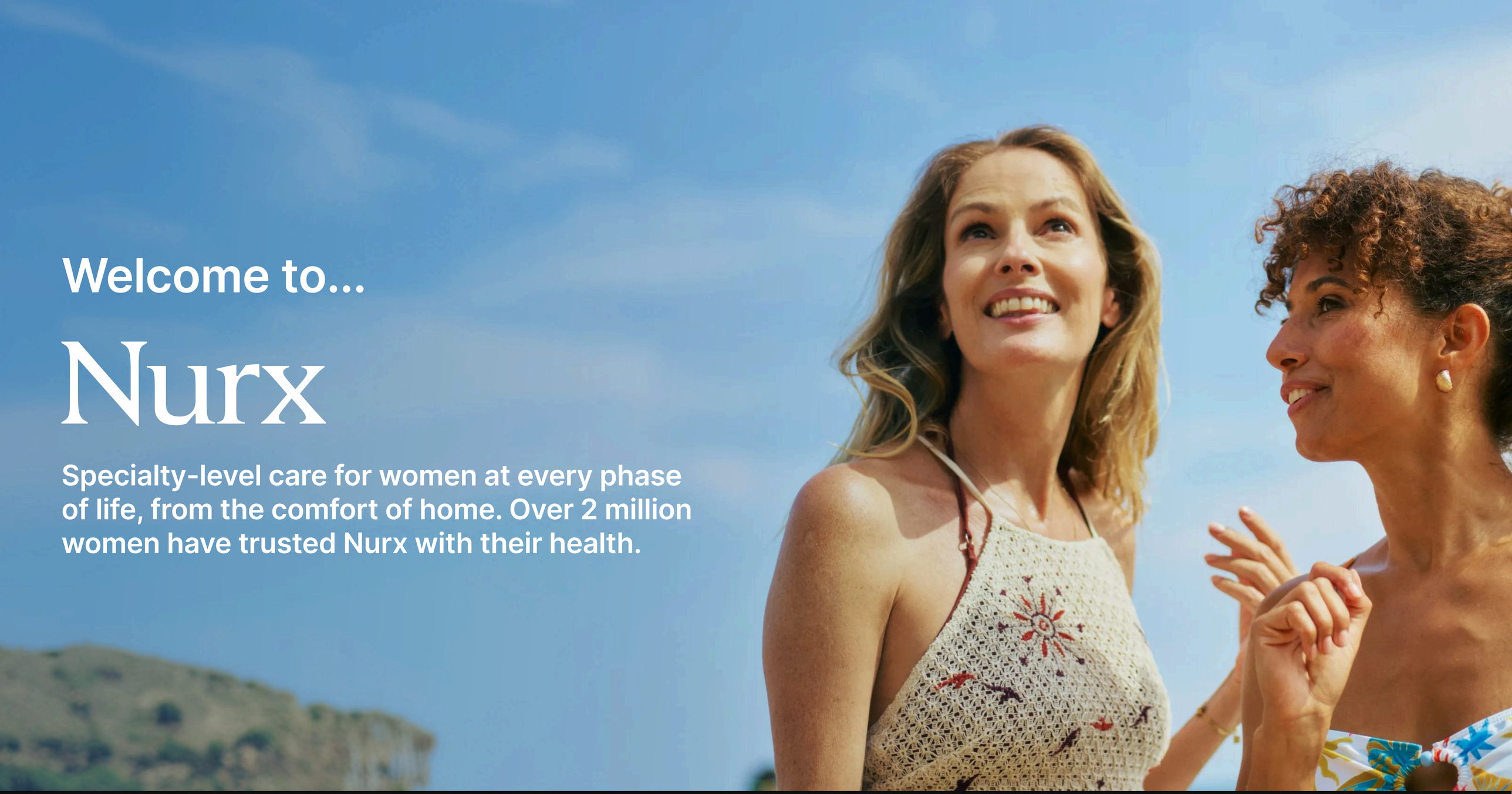


Welcome to...

Nurx

Specialty-level care for women at every phase of life, from the comfort of home. Over 2 million women have trusted Nurx with their health.

DERMATOLOGY • SEXUAL & REPRODUCTIVE HEALTH • MENOPAUSE • WEIGHT MANAGEMENT • MENTAL HEALTH

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MEET THE TEAM

Meet our Care Team

World-class doctors, specialists, and clinicians guiding your care



Dr. Yasemin Altuglu

CHIEF MEDICAL OFFICER

MD, Northeast Ohio Medical University



Dr. Peter Young

MEDICAL DIRECTOR

MD, Albany Medical College



Cristin Hackel

BS, RNC, MSN, WHNP

NP, University of Pennsylvania



Dr. Neil Zlatniski

MEDICAL DIRECTOR

MD FAAFP, Indiana University School of Medicine

ABOUT NURX

All Your Chronic Care Needs in One Place

From first consultation to medication at your door



2M+

women have trusted Nurx with their health

Specialty-level care for ongoing, chronic conditions - not just one-off visits

Available to patients **18 years and older**

We work with most insurance plans. Nurx is not contracted with any government health insurance plan, including Medicaid or Medicare

Care from home: We provide affordable, specialty-level treatment without the waiting room

Nurx

HOW NURX WORKS

Your Care Journey

From first consultation to medication at your door

1

Online Consultation

Answer questions about your health and medical history

2

Checkout

Complete checkout to get started with your visit

3

Provider Evaluation

A licensed provider reviews your visit. Some states may require a video consultation

4

Prescribed

If clinically appropriate, your provider sends a prescription

5

Shipped to You

Your medication ships straight to your door

Nurx

ONGOING SUPPORT

Once You’re a Patient

Care doesn’t stop at your first prescription — here’s what continues

Unlimited Messaging

Message your provider and care team anytime with questions about your treatment

Personalized Care

Ongoing check-ins to keep your treatment plan on track

Free Shipping

Every order ships to your door at no extra cost

Automatic Refills

Refills and prescription medications are delivered automatically — no reordering needed

Nurx

YOUR CARE, ALL IN ONE SPOT

We offer 5 specialty service lines

**See the Billing slide for full pricing details*



Dermatology

Anti-aging, Acne, Hair loss, Melasma, Rosacea, Eyelash growth



Sexual & Reproductive Health

Birth control, Emergency Contraception, UTI, Vaginitis



Menopause

Personalized HRT for Perimenopause and Menopause Symptoms



Weight Management

Injectable and Oral Treatment Options



Mental Health

Anxiety, OCD, Seasonal Affective Disorder, PMDD, Postpartum Depression, and Mild to Moderate depression

Nurx

*Nurx works with most insurance plans

TYPE OF CARE

Dermatology

Specialty skin and hair care, prescribed and delivered, combining prescription treatment with dermatologist-trusted routines

**See the Billing slide for full pricing details*

Care Options

- Anti-Aging
- Acne *
- Women's Hair Loss
- Melasma
- Rosacea *
- Eyelash Growth

What's included

1. Personalized treatment plans matched to your specific skin or hair concern
2. Prescription and over-the-counter options available
3. Annual renewal keeps your treatment plan current with your provider

* Insurance coverage is currently available for Acne and Rosacea only. Nurx works with most insurance plans

Nurx

TYPE OF CARE

Sexual & Reproductive Health

Confidential, judgment-free care for your reproductive health

**See the Billing slide for full pricing details*

Care Options

Birth Control | Herpes | UTI * | Vaginitis * | Emergency Contraception **

What's included

1. Over 50+ types of birth control, matched to what works for you
2. Confidential care with unlimited provider messaging

* **UTI and Vaginitis**
Your Nurx provider will send your prescription to a local pharmacy of your choice for pickup; you'll pay for the medication at the pharmacy

** **Emergency Contraception**
Your Ella® prescription ships to your door — need it ASAP? Add expedited overnight shipping for $15

**Nurx works with most insurance plans*

Nurx

TYPE OF CARE

Menopause

Evidence-based perimenopause and menopause care, delivered virtually with hormone therapy prescribed by licensed clinicians

**See the Billing slide for full pricing details*

Symptoms we treat

- Hot Flashes
- Night Sweats
- Sleep Disruption
- Mood Changes
- Vaginal Dryness
- Brain Fog

What's included

1. Bioidentical estrogen and progesterone, clinically proven and effective
2. Optional localized treatment that can help with vaginal dryness, discomfort during sex, and urinary symptoms

Interested in Menopause care? Sign up at new.nurx.com/hrt

Nurx

TYPE OF CARE

Weight Management

A personalized treatment plan with ongoing clinical support

**See the Billing slide for full pricing details*

Care Options

Injectable Medications **Oral Medications**

What's included

1. Personalized guidance, check-ins, and unlimited provider messaging
2. Regular follow-ups included to track your progress

Actual medication costs depend on your specific treatment plan and insurance coverage

**Nurx works with most insurance plans*

Nurx

TYPE OF CARE

Mental Health

Ongoing, personalized mental health support and treatment

**See the Billing slide for full pricing details*

Conditions we treat

- Anxiety
- OCD
- Seasonal Affective Disorder
- PMDD
- Postpartum Depression
- Mild-to-Moderate Depression

What's included

1. Provider care with ongoing care coordination
2. Regular follow-ups included
3. Most medications cost about $25/month out-of-pocket, or $0–$10 copay with insurance

Actual medication costs depend on your specific treatment plan and insurance coverage

**Nurx works with most insurance plans*

Nurx

WHAT IT COSTS

Billing

How fees work across each service line

Service Line	Initial Consultation Fee	Ongoing Care Fee	$3/mo Support Fee*
Dermatology	✓	—	✓
Sexual & Reproductive Health	✓	—	✓
Menopause	—	—	—
Weight Management	✓	✓	—
Mental Health	✓	✓	—

Nurx

* The $3 support fee is charged each month one or more of your orders are processed It does not apply to Weight Management or Mental Health, which instead include an ongoing care fee

For most prescriptions, Nurx offers automatic refills for one year from the time you begin using the service.

Menopause care does not currently carry an initial consultation fee, ongoing care fee, or monthly support fee

MANAGE YOUR CARE

Your Nurx Account

Everything you need in one place

Action Required
Important notifications and reminders appear, including reminders to update your address or phone number

Refills
Most refills process automatically. You can adjust your refill date yourself, or reach out to Customer Support anytime

Orders
See order status and tracking. Cancel your subscription anytime via your account or by contacting us

Messaging
Message directly with your clinical and support teams

Request a Service
Sign up for additional service lines right from your account

Nurx

WE’RE HERE FOR YOU

Let’s Talk

Contact our support team confidentially using either of these options:

At Nurx, we're committed to making your care simple and fully supported.

Phone

MON-FRI: 8AM - 8PM ET

SAT-SUN: 8AM - 4PM ET

1 (551) 290-3134

Messaging

AVAILABLE ANYTIME

Message our care team and customer support directly in your **Nurx account**

Nurx

We’re here to help!

If you have any questions about your care or treatment plan, don’t hesitate to reach out. Our Care team and support staff are here for you every step of the way.

Nurx